

# I SPY BETTY

THE MOST **DEPRESSED** ELEPHANT IN THE WORLD

**INSTRUCTIONS:** We're on a mission to help our friend Betty—the most depressed elephant in the world. Use this checklist to explore Betty's world. Look closely and carefully, and see if you can spot some of the reasons she feels so sad and wants to be free.



**She appears depressed:** Betty is often seen standing still, with a look of hopelessness in her eyes. She doesn't have much energy and keeps to herself.



**Her trunk drags on the ground:** Did you know elephant trunks are very sensitive and have over 40,000 muscles?! Healthy elephants use their trunks to communicate, eat, bathe, and more, but Betty drags hers and isn't able to lift or curl it normally, probably because the muscles or nerves are too weak. This may be because she was forced to stand on her head—putting several tons of weight on her trunk—over and over for years.



**She has trouble walking:** The joints in her front legs are stiff, and she shuffles slowly because it hurts to bend her legs normally. She also has painful cracks in her toenails.

**PETA**



**Trainers make her give rides:** She is forced to carry the weight of humans on her sensitive back while walking around and around in a small circle. The extra pressure on her legs makes her joint and foot problems worse.



**A bullhook is used to threaten her:**

Trainers carry a weapon that resembles a fireplace poker to scare and bully Betty into performing painful tricks. She's scared of bullhooks because she has been hit with them. Sometimes she doesn't do all the same tricks as the other elephant, Janice, likely because they are just too hard for her to do in her condition.



**She's kept in a pen or trailer:**

When the elephants are not forced to perform uncomfortable tricks in the show or carry humans, they are penned up backstage or in parking lots. They're often kept on concrete, which hurts their joints and feet. Outside the venue, look for a small transport trailer—that's what they're chained up in as they're trucked to dozens of events across long distances. *This is the only life these elephants know.*

Betty was taken from her home and family as a baby and has been forced to perform for more than 50 years. She deserves to live in peace and be taken care of at a real sanctuary.

**HELP BETTY BY SPREADING THE WORD**

  
**FREE BETTY**