



'Share the World' Week • SharetheWorld.org

Take a stand against bullying and practice the GOLDEN RULE every day!

Five days of kind actions to promote compassion and empathy in our school

Bullying and violence are on the rise in school communities, but together, we can help children learn to share the world. This week, doing the following activities with your students will help them develop empathy for animals, which will carry over to their classmates and others as well.

Visit ShareTheWorld.org to download or order your free Share the World kit! And e-mail us at Info@teachkind.org to request "I'm a Kind Kid" mini-pencils for your students (while supplies last). Check out TeachKind.org for more empathy-building lessons, activities, and other educational resources.

MONDAY Take the Kindness Pledge.

Start the week by talking about the importance of treating others with kindness and respect—including the other animals they may encounter. Explain that **empathy** is when we imagine what it would be like to be in someone else's place. And just like with muscles, when we exercise empathy, it gets stronger!

TUESDAY Pick up litter in an outdoor area to help protect animals, clean up the environment, and beautify your community.

Help students see that this simple act can have a huge impact. You may want to include a discussion of the reasons why it's important not to throw trash on the ground (SharetheWorld.org/Littering).

WEDNESDAY Make a promise never to squash bugs. All animals deserve kindness, regardless of size. Earn "bonus points" by making an insect rescue kit! Find instructions at SharetheWorld.org/InsectRescueKit.

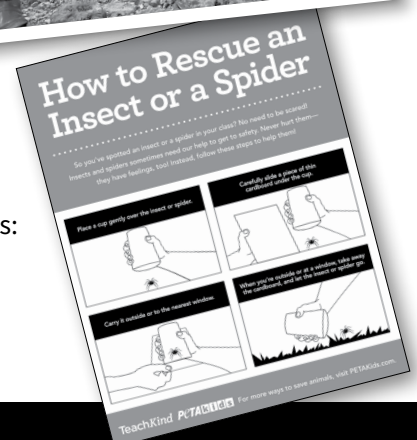
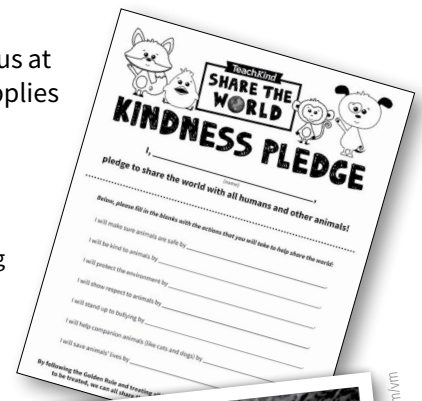
When children learn to see things from the point of view of even the smallest animals, it can help them behave with more empathy toward their peers.

THURSDAY Collect gently used towels, bedding, and other supplies and donate them to a local animal shelter. Alternatively, write thank-you cards to the shelter workers, or create adoption posters for the animals.

This is a great way to show kids how different people and organizations in their community help others, including animals.

FRIDAY Read a book about being kind to other living beings. Check out these great stories: SharetheWorld.org/CompassionateBooks.

Books with compassion for animals as the central theme can inspire and empower students to show compassion and share the world with others.



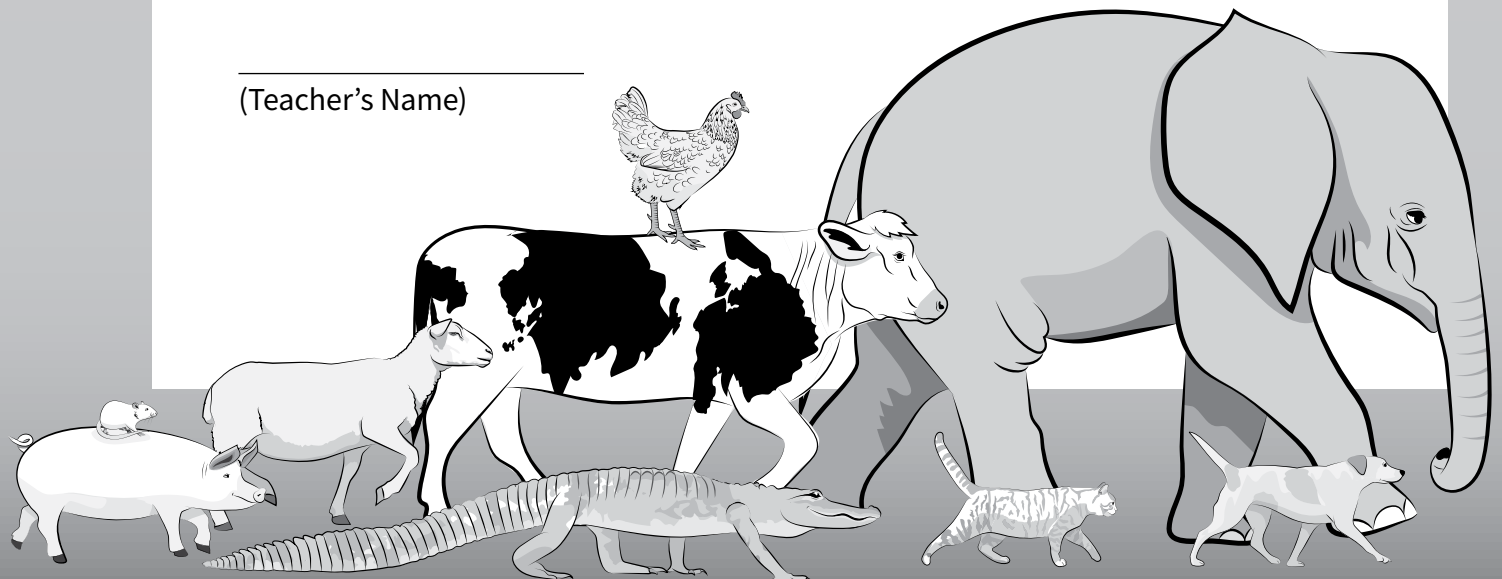
Everyone deserves empathy!

Dear Families,

Our class will be participating in “Share the World” Week during the week of _____. We’ll be discussing ways to show kindness and empathy for all living beings, including animals, as well as taking part in compassionate activities. Kids who are taught to be kind to animals tend to be more empathetic toward their peers. You can help your child cultivate compassion for animals at home by doing these things together:

- Spend quality time with your animal companions. Playing with them, gently brushing or petting them, and giving them exercise are great ways to bond. If you don’t have an animal companion at home, offer to walk a neighbor’s dog or look after a neighbor’s cat.
- Quietly observe animals in nature from a distance. Explain to your child that it’s unkind to chase, harass, or remove them from their natural habitat.
- Help prevent birds from striking your windows! Cut shapes (like leaves) out of pieces of dark-colored paper and tape them to each window. This can help cut down on the reflection that makes windows look transparent to birds.
- Put together an animal-rescue kit to keep in your family’s car in case of emergency. Make sure it includes a towel, a leash, a bottle of water, and a cardboard box or carrier.
- Break the bad habit of referring to animals as “it” instead of “he,” “she,” or “they” by creating an “it” jar. Find instructions at SharetheWorld.org/ItJar.
- Explain why animals need our voices when they’re in danger. If your child knows that someone has hurt an animal, the best thing to do is to report it to you, a teacher, or the police before the person hurts another animal. People who hurt other people often start out by hurting dogs, cats, and other animals.

(Teacher’s Name)



TeachKind

SHARE THE WORLD

'Share the World' Week • SharetheWorld.org

Our class is practicing

THE GOLDEN RULE

toward ALL living beings

FIVE DAYS OF KIND ACTIONS

DAY 1 _____

DAY 2 _____

DAY 3 _____

DAY 4 _____

DAY 5 _____

Join us!



TeachKind

SHARE THE
WORLD

'Share the World' Week • SharetheWorld.org

THANK YOU FOR SHARING THE WORLD!

(Class Name)

Thank you for being kind to animals during "Share the World" Week!

You have inspired kids and adults alike to be compassionate toward all individuals whenever they can.

Ingrid Newkirk

INGRID NEWKIRK, PRESIDENT, PETA

