



'Share the World' Week • SharetheWorld.org

Take a stand against bullying
and practice the GOLDEN RULE every day!

Five days of kind actions to promote compassion and empathy in our school

Bullying and violence are on the rise in school communities, but together, we can help children learn to share the world. This week, doing the following activities with your students will help them develop empathy for animals, which will carry over to their classmates and others as well.

Visit ShareTheWorld.org to download or order your free Share the World kit! And e-mail us at Info@teachkind.org to request "I'm a Kind Kid" mini-pencils for your students (while supplies last). Check out TeachKind.org for more empathy-building lessons, activities, and other educational resources.

MONDAY Take the Kindness Pledge.

Start the week by talking about the importance of treating others with kindness and respect—including the other animals they may encounter. Explain that **empathy** is when we imagine what it would be like to be in someone else's place. And just like with muscles, when we exercise empathy, it gets stronger!

TUESDAY Pick up litter in an outdoor area to help protect animals, clean up the environment, and beautify your community.

Help students see that this simple act can have a huge impact. You may want to include a discussion of the reasons why it's important not to throw trash on the ground (SharetheWorld.org/Littering).

WEDNESDAY Make a promise never to squash bugs. All animals deserve kindness, regardless of size. Earn "bonus points" by making an insect rescue kit! Find instructions at SharetheWorld.org/InsectRescueKit.

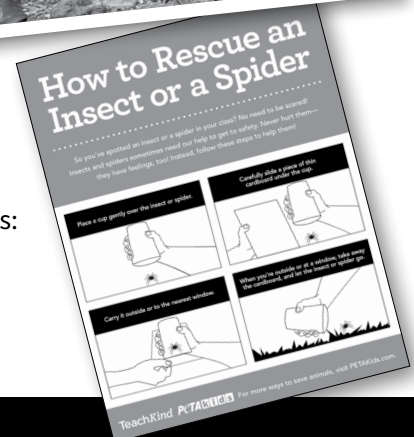
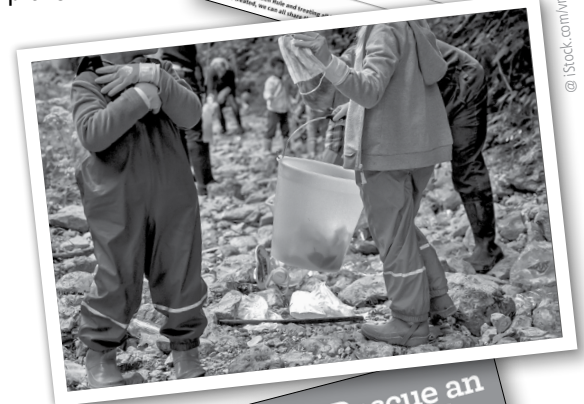
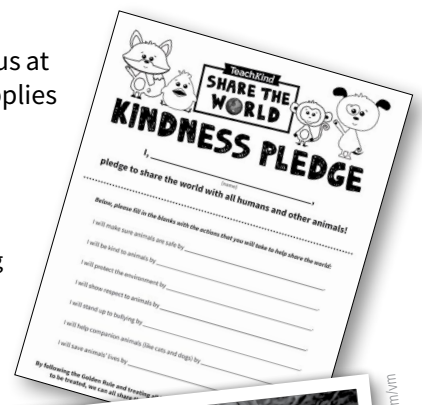
When children learn to see things from the point of view of even the smallest animals, it can help them behave with more empathy toward their peers.

THURSDAY Collect gently used towels, bedding, and other supplies and donate them to a local animal shelter. Alternatively, write thank-you cards to the shelter workers, or create adoption posters for the animals.

This is a great way to show kids how different people and organizations in their community help others, including animals.

FRIDAY Read a book about being kind to other living beings. Check out these great stories: SharetheWorld.org/CompassionateBooks.

Books with compassion for animals as the central theme can inspire and empower students to show compassion and share the world with others.



Everyone deserves empathy!