

Plant Based Health Mississippi
PRESENTS

WHAT THE HEALTH

DOCUMENTARY VIEWING

Sunday
August 27th
from 5 p.m. to 8 p.m.



Cool Al's Restaurant
4654 McWillie Drive
JACKSON MS 39206

Followed by Question & Answer Session

Willie Bell	Naturopath
Donald Wansley	Certified Personal Trainer
Ebony Cooper	Life Coach & Personal Trainer
Abyssinia Stamps	Plant Based Lifestyle Participant
Kim Moroski	Vegan Chef
Kimberly Mannery	Plant Based Lifestyle Participant

Plant based information starter kits available
Sign up for our mentoring program to help ease
your transition to a plant based lifestyle

Plant based food tasting reception

Plant based diets are associated with significantly lower rates
of diabetes, cancer, heart disease, high cholesterol, and obesity.