



Alan Cumming by Mike Ruiz



COWS SCREAM FOR ICE CREAM

Many people don't realize that cows, like humans, have to be pregnant to produce milk, so the dairy industry uses what it calls "rape racks" to inseminate them artificially.

Their newborn calves are almost immediately traumatically torn away from them, either to follow in their footsteps and be used like milk machines or to be killed for veal.

Why don't farmers let calves drink their mothers' milk? Because they want to sell it to you, even though humans are not physiologically adapted to drinking cow's milk. Humans are the only species that engages in the unnatural practices of drinking breast milk after infancy and from another species.

Do yourself and cows a favor by switching to a delicious, healthy, dairy-free milk—like soy, almond, rice, coconut, cashew, oat, or hemp milk!



TRY THESE TASTY *Vegan* PRODUCTS



PETA

People for the Ethical Treatment of Animals

PETA.org • Facebook.com/OfficialPETA • Instagram: @peta