## Waiting for a sign to go vegan?



## This is it!



Factory farms and slaughterhouses are just as filthy as "wet markets" anywhere in the world. If you looked inside at the blood, urine, waste, and offal on the floors and walls, you'd lose your lunch. Working conditions are appalling, and workers are getting sick. Chickens' legs and wings get broken during transport to the slaughterhouse. All animals are terrified. They try to escape. What would children think if they knew these horrors were being paid for every time you buy meat?

A meat shortage isn't a food shortage. No one needs meat. It's linked to heart disease, cancer, stroke, high blood pressure, diabetes, and obesity.

## Eat as if everyone's life depends on it, because it does.



Peta

## No one needs to kill to eat. We will help you: free vegan starter kits, mentors, and recipes at **PETA.org/Vegan**.