



# AMERICA: IT'S TIME TO MOVE AWAY FROM MEAT

American factory farms and slaughterhouses are as filthy as “wet markets” anywhere in the world. If you looked inside at the blood, urine, waste, and offal on the floors and walls, you would lose your lunch. Working conditions are appalling, and workers are getting sick. Animals are terrified. They scream and try to escape. They smell the fear and the slaughter.

A meat shortage isn't a food shortage. No one needs meat. It's linked to heart disease, cancer, stroke, high blood pressure, diabetes, and obesity.

**Eat as if everyone's life depends on it,  
because it does.**

We will help you: free vegan starter kits, mentors,  
and recipes at [PETA.org/Vegan](https://peta.org/Vegan).

**PETA**