



EAT GREEN!

(Tune: "Jenny Jenkins")
Pretend to strum a guitar as you sing.

.....

Will you eat green, oh, my children dear? (Make a "G" and circle it.)

Will you eat green, my children?

Oh, we'll eat green.

Spinach, broccoli, and beans.

Veggie-weggie, fruity-tooty. (Make fists and bump them together.)

Fresh foody, colors of the rainbow. (Trace an arch like a rainbow with your fingers.)

Let's all eat green.

Will you eat orange, my children dear? (Make an "O" and circle it.)

Will you eat orange, my children?

Oh, we'll eat orange things.

Carrots, peaches, tangerines.

Veggie-weggie, fruity-tooty. (Make fists and bump them together.)

Fresh foody, colors of the rainbow. (Trace an arch like a rainbow with your fingers.)

Let's all eat orange.

Will you eat yellow, my children dear? (Make a "Y" and circle it.)

Will you eat yellow, my children?

Oh, we'll eat yellow corn,

Squash, pineapples, and more.

Veggie-weggie, fruity-tooty. (Make fists and bump them together.)

Fresh foody, colors of the rainbow. (Trace an arch like a rainbow with your fingers.)

Let's all eat yellow.



Will you eat red, oh, my children dear? *(Make an "R" and circle it.)*

Will you eat red, my children?

Oh, red we'll eat.

Apples, strawberries, and beets.

Veggie-weggie, fruity-tooty. *(Make fists and bump them together.)*

Fresh foody, colors of the rainbow. *(Trace an arch like a rainbow with your fingers.)*

Let's all eat red.

Will you eat blue and purple, my children dear? *(Make a "P" and circle it.)*

Will you eat blue and purple?

Oh, we'll eat purple, blue.

Grapes, plums, and berries, too.

Veggie-weggie, fruity-tooty. *(Make fists and bump them together.)*

Fresh foody, colors of the rainbow. *(Trace an arch like a rainbow with your fingers.)*

Let's all eat purple and blue.

Oh, what will you eat, my children dear?

Oh, what will you eat, my children?

Oh, we'll eat fresh foods.

Good for us and the Earth, too.

Veggie-weggie, fruity-tooty. *(Make fists and bump them together.)*

Fresh foody, colors of the rainbow. *(Trace an arch like a rainbow with your fingers.)*

Let's all eat green.

