

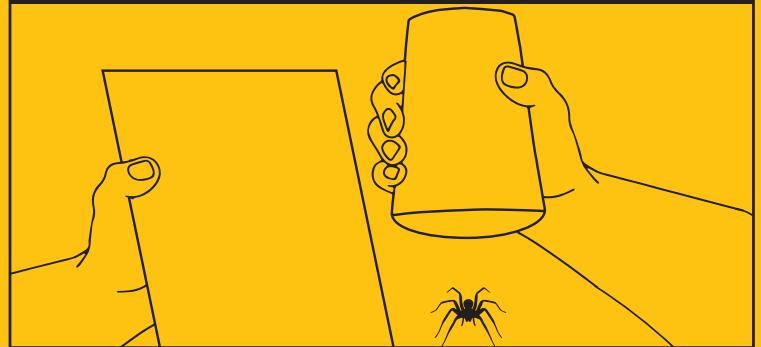
# How to Rescue an Insect or a Spider

So you've spotted an insect or a spider in your class? No need to be scared! Insects and spiders sometimes need our help to get to safety. Never hurt them—they have feelings, too! Instead, follow these steps to help them!

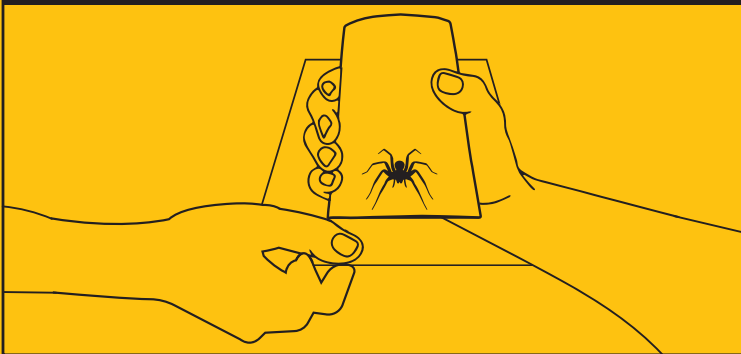
Place a cup gently over the insect or spider.



Carefully slide a piece of thin cardboard under the cup.



Carry it outside or to the nearest window.



When you're outside or at a window, take away the cardboard, and let the insect or spider go.

