

BE AN MVP FOR ANIMALS



IS YOUR SNACK BAR VEGAN-FRIENDLY?

It is? Great job. ☺ Oh, it needs some work? We're here for you! Vegan athletes are running on plant power more than ever before—in the big leagues and on the local field. Knock one out of the park for animals, the planet, and athletes by serving healthy, vegan options at your concession stand.

Get the Facts and Go Vegan

You can replace a beef patty with a veggie patty without missing out on essential nutrients such as iron, and studies show that teens who eat vegan have a lower likelihood of developing acne and being overweight. *Got almond milk?*

Also, it takes up to 660 gallons of water to make just one 1/3-pound beef burger. *Anybody care about the environment?*

Many athletes are powered by compassion. Did you know that you can save more than 100 animals a year by going vegan?

NOT SURE WHICH CANDY IS VEGAN?

No worries—there are tons of popular vegan candies.
Here are some of our favorites:

VEGAN SNACKS

- Almond Breeze Chocolate Almondmilk
- Clif Bars (all full-size bars are vegan)
- Cracker Jack
- Gardein Chick'n and Beefless Sliders
- Larabars
- Ritz Crackers
- Sabra Classic Hummus with Pretzels



VEGAN CANDY

- Airheads
- Big League Chew Bubble Gum
- Charms Blow Pops
- Dum Dums
- Fruit by the Foot
- Goldenberg's Peanut Chews
- Jolly Rancher Hard Candy
- Smarties
- Sour Patch Kids



OTHER VEGAN FOODS

- Ajinomoto Vegetable Yakisoba (microwavable)
- Boca Original Vegan Burger
- Gardein Beefless Burger
- Lightlife Smart Dogs
- Tofurky Sausages



PETA